

SUSSEX CHAMPIONSHIPS 2010

| LEVEL | ELIGIBLE GROUPS | AGE BANDS | RATIFIED RECOMMENDATIONS |
|------------------|-----------------|--------------------------|--|
| Level 5 | 2002/01/00 | Up to 2 Years out of Age | Gymnasts with a score of 44.00 + at 2009 Regional championships must move to L4. |
| Level 4 | 2001 & 2000/99 | Up to 2 Years out of Age | 99/98 Gymnasts with a Score of 44.00 + at 2009 Regional Championships must move to Level 3 |
| Level 3 | 2000 & 1999/98 | Up to 2 Years out of Age | 98/97/96 Gymnasts with a Score of 45.00 + at 2009 Regional Championships must move to Espior Challenge. Gymnasts scoring less than 45.00 may move to L2 out of Age |
| Level 2 | 1998+ | Out of Age | Or a score between 43.00 & 45.00 |
| Level 2 | 1999 | In Age Only | In Age Only, 1998 |
| Challenge Espoir | 1998/1997 | In Age Only | FIG Rules as per Competition Structure |
| Challenge Junior | 1996/1995 | In Age Only | FIG Rules as per Competition Structure |
| Challenge Senior | 1994 + | No Upper Limit | FIG Rules |
| | | | Challenge Gymnasts are those not eligible to compete in the British Championships |
| Espoir FIG | 1998/1997 | In Age Only | FIG Rules |
| Junior FIG | 1996/1995 | In Age Only | FIG Rules |
| Senior FIG | 1994 + | No Upper Limit | FIG Rules |

Special Note:

If the Head Judge on each apparatus decides that a skill /Vault being performed is unsafe, then the coach in charge will be requested that the skill/Vault in question cannot be warmed up further or competed Failure to comply with this request will result in disqualification from the competition