

Women's Artistic Report - AGM 2017

Since the AGM last year the Sussex Invitational held by the county squad was again a great success, with the largest number of entries this competition has had. The Sussex County Squad had a team compete at the Rushmoor Rosebowl International with gymnasts from TAG, Uckfield and Horsham competing. The county squad was reselected from the Sussex champs results. It again included just over 40 gymnasts with 5 clubs being involved. A grades judging clinic was held following one of the squads highlighting the changes of judging that would specifically effected grades. A further clinic for all judging changes and specific to voluntary work will also be held (dates to follow).

5 Sussex gymnasts represented their club (Horsham) at the bronze-gold English champs, 8 competed at the British Challenge Cup (2x Horsham, 1x TAG, 5 Uckfield) and 2 gymnasts represented their club at the English Championships in April (2xUckfield).

The modified area/level for Women's artistic continues to be popular. The new South East rules for Out of Age and Modified levels has been published and sent to clubs by Geoff Turner. These will be used at all Regional and Sussex competitions and it is being encouraged that invitational competitions run to these rules too.

Sussex had 2 gymnasts competing at the Compulsory 4 National finals in April (2x Horsham). There are 9 gymnasts from Sussex representing the South East Region at National Club Grade Finals in May (2x Horsham, 2x TAG, 5 Uckfield).

Level 1 and 2 Courses for Women's and General have been run over the past year in the region which were all well attended. There is a level 2 course running from May to July with potentially another at the end of the year. Due to the updates for judging the club and regional courses are being redesigned and are planned to be run towards the later half of the year.

Upcoming competition and squad dates can be found on the Sussex website.