Sussex Trampoline Gymnastics Report

April 2015 – March 2016

1) There has been 3 Sussex graded assessments and Club Development levels held during the year, an individual Sussex Championships, and a DMT Sussex Championship – July 2015 and the Synchronised Sussex Championships – October 2015. These competitions were well attended and venues are shared across the Sussex Trampoline clubs; as agreed by the SCTGTC. There are 11 Sussex Clubs that took part in at least one trampoline event; they are; 1066, Flitecrew, Gatwick Flyers (Sussex), Jump TC, Orbital Stars, Rise TC, Sky High, Sussex Martlets, Sussex Springers, Synergy Sports Academy, Up N Downs.

2) This year's – 2016 Sussex Individual Champions will see the inclusion of DMT for the second year in Sussex. The 2016 trampoline eligibility criteria has seen the introduction of a mid-level named 'Advanced', thus to improve the fairness and increase participation in the Sussex Trampoline Individual Championships. This now consists of the following three levels, Intermediate, Advanced and Elite for TRI & TRS, and Intermediate & Elite for DMT.

3) Forthcoming dates & venues for Sussex competitions 2016:

Club I / County H&G / CDP 1&2:	22nd May – Sussex Martlets, Worthing 13th November – Jump TC, Hailsham
Sussex Intermediate & Elite DMT Championships:	11th June – Sky High, Uckfield
Sussex Intermediate, Advanced & Elite Trampoline Championships:	19th June – Sky High, Uckfield
Sussex Intermediate, Advanced & Elite Synchro Championships:	9th October – Up N Downs, Seaford

4) SCTGTC meetings continue to be held regularly either after a Sussex competition or via telephone conference.

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Sussex Trampoline Discipline Rep
May 2016