

Womens Artistic Report - AGM 2016

Since the AGM last year The Sussex Invitational held by the county squad was again a great success. The Sussex County Squad had a team compete at the Rushmoor Rosebowl International placing 4th. The team included Abigail Brooker (Uck), Parris Bryan (Uck), Georgie Moors (Uck) and Evie Lamb (Hor) and Scarlett Tidy (Hor) along with coaches Janice Binder (Uck) and Sadie Herbert (Hor).

The county squad has been reselected from the sussex champs results. It again included just over 40 gymnasts with 6 clubs being involved. We included a development section at 2 of the squads for the development of younger gymnasts to be focused on however, could only hold 1 as the other clashed with a general comp.

The Regional and Sussex championships saw the modified levels retained and adapted from last year. Along with this was again the involvement of more Sussex gymnasts within the Womens Artistic section and an increase in competitors. This can only be a positive for the future of womens artistic in the county as more clubs, coaches and gymnasts become involved, develop and compete.

Grade 6 and 5 was held at NDGA on March 13th. 8 Sussex clubs were represented with 54 gymnasts all passing their grades

The remaining grades were held at Guildford in April with at least 6 gymnasts from Sussex representing the South East Region at National Finals in May.

Level 1 and 2 Courses for Womens and General have been run over the past year in the region which were all well attended as well as judging courses ranging from floor and vault to club and regional judge level.

The Sussex Invitational and Sussex Champs are being held over June and July with details on the website, please feel free to come along and support