

GG Report for Sussex Gymnastics

GG Reps: Kim Mirceta Nash – Brighton GC, Beth Burchett- Wickers, Heather Sampford- Worthing

Progress report

Total GG: Clubs in Sussex that compete Floor and Vault = 17

We will be sending out a survey to gain more information on how many gymnasts they have currently competing and at what levels.

General information on what they would be looking for from us as county with regards to support & courses etc.

Action to be taken in the next 3-12 months.

1. Workshop day – for Novice entry level F & V- level 1 & 2 coaches thinking about competing their gymnasts – from all clubs over the county.
The day will cover basic routine construction, Key Judging points with the aim to make more clubs feel that they could compete, fun, get together relaxed event open to coaches and gymnasts- Date TBC – end of Oct/ Nov 2022 or Jan 2023-
2. Bring back 3 county competitions –
Novice , Intermediate, Adv & Bronze, Silver, Gold levels Currently to follow the Southeast regional rules , to resume in 2023
Looking into hiring cost for venues
Beth – south down leisure venues
Kim – Gymnova floor hire for ABSG approx.. £4500 –(So larger club hire with adequate parking will need to be considered)
3. Looking into revising the criteria for the Sussex 4x4 General comp hoping to run this comp in 2023
4. To Promote and gain new Judges into the county – as there seems to be a shortage of Judges we will be looking into Running GG judging workshop that cover both national FV and regional criteria - (Funding County?)
5. Judging resources Package
Putting together simple and clear judging pack for clubs and new coaches to access including videos for basic routines, putting them on the county website for clubs to access if possible
Hopefully encourage more clubs at the lower levels to get involved, Promoting good safe gymnastics (any resources & Funding available from the county?)

For all events would like to know if there is a set budget for GG or do we run the event then invoice county afterwards ?